

now

not

to be like

your parents!

From listening to a lot of parents you'd think work was the most important thing in the world. From listening to others you'd think it was something to just put up with to bring in the money so you can enjoy yourself for the few hours you're not working! Neither view sounds very appealing.

For most of us at least a 3rd of the day is made up from work so why not go for feeling like those in the picture right.

To ensure you get more of this feeling it's useful to think about:

- + What you enjoy doing
- + What you get very passionate about
- + What you are good at

What do you enjoy?

If you enjoy something then you already have the motivation to keep on doing it. So why would you decide to do something you don't even enjoy doing? Some people do but what a waste of time! Make a list of things you enjoy doing and discover the many ways you can do these every day.

What are you good at?

Because we take it for granted it's really easy to ignore what we're good at. Take some time to notice what you find very easy and effortlessly to do? Don't worry about what you think that might mean. I love playing around with excel spreadsheets – it doesn't mean I do accounting but analysing figures and data isn't such a no no. If you like talking to people it may not be such a good idea to work for yourself sitting at home – something I forget about when saying yes to work that keeps me at home on my PC!

What gives you passion?

Think for a moment about the things in the world that you'd change. These are likely to be the things in the world that you get angry with family and friends about. How might what you do support the difference in the world you'd like to see? For some people this might be about improving the use or access to technology, for others about empowering people, for others it might be about climate change, conservation, supporting those in poverty etc.

You may be able to support these changes directly in what you do or indirectly. For example even when working for businesses 10% of my profits go towards helping young people find passion and purpose in life. Of course working directly with young people would be even better!

If you knew what you did on a day to day basis was having a wider impact wouldn't you be more likely to jump out of bed with enthusiasm?

Life's too short to spend a third of your time in a job you hate and where you spend all your time looking at the clock waiting for hometime! Why not go for the option that has you jumping out of bed in the morning enthusiastic for the day ahead.

Follow your passion

and make 2009 a year to remember!



What gets you out of bed in the morning?

the FULL BOOKLET is available at the website BELOW

Why Bother?

Why bother reading this? The simple fact is you don't have to. But it has been written with you in mind. We certainly hope that you will find it provides an insight on something in your life you're dealing with. But we might be wrong!

How not to be like your parents has been written by people who may be parents themselves or at least old enough to be your parents. So we may not be able to help you – but then again perhaps we might?

We all have our own reasons for wanting to contribute. We just want to know we've done what we can to help ensure you have the opportunities you deserve to make the world what you want it to be. When I was 17 I sent articles to magazines and was chairman of the area youth council and met with local politicians and wanted to make a difference in the world. I kept telling other teenagers that we had to take personal responsibility for our lives. Then 'reality' set in and I forgot those dreams. It's only since working for myself 3 years ago, and 30 years later, that I have started to live the dream. I didn't waste the 30 years but realise I didn't need to give up my dream either and I could have had it all much much sooner. I want to ensure you start to live your dreams sooner rather than later – this ebooklet is the start.

Reading this may help but it isn't going to make a huge difference. You taking action and doing something different will. We've set up groups on Bebo (How not to be like your parents) and Facebook (How not to be like your parents) and invite you to use them to decide what you'd like to do next? They're groups for you to make the decisions not us. So whilst we're happy to provide conferences or workshops for young people we're also equally happy to butt out!

Enjoy and find what gives you passion in life.

Hilison x

HOW
NOT
TO BE LIKE
YOUR PARENTS!

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